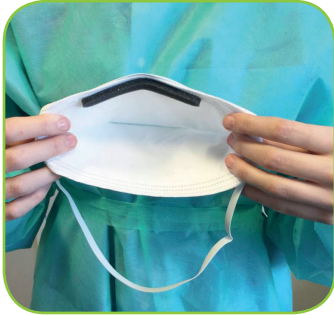


## Performing a Fit Check

### Duckbill Unvalved FSM16 Duckbill Valved FSM14

Please ensure that you follow these six steps to fit your respirator correctly:

#### 1. Prepare



Fully open respirator. Pull bottom strap downwards so top strap runs parallel with nose band on outside of the respirator. Bend nose wire in centre to form a gentle curve.

#### 2. Don



Pull bottom strap over the head so it rests at back of the neck and below the ears. Place bottom of respirator onto the chin and top of respirator onto bridge of the nose. Pull upper strap and place it on crown of head above the ears.

#### 3. Check



Pull respirator down under chin removing creases and ensuring the respirator sits centrally on the face.

#### 4. Mould



Mould nosepiece across bridge of nose by firmly pressing down until there is a good seal.

#### 5. Fit Check



Perform a fit check by cupping both hands over the respirator. Unvalved respirators, exhale sharply. Valved respirators, inhale sharply. If air leaks around the nose adjust nose clip. If air leaks around the edge of respirator adjust straps to eliminate leakage, then repeat process.

#### 6. Dispose



Remove the mask by holding the straps and lifting them over your head, then dispose of the mask. Do not touch the mask – it may be contaminated.

**Please be aware that our fit testing is mask and brand specific. Ensure you are wearing the Easimask<sup>®</sup> for which you received fit testing.**

Additional supplies of Easimask can be ordered via NHSSC  
Order Codes: **FSM16 BTP059 (unvalved) FSM14 BTP148 (valved)**. Closest depart stocking this product:

Fit testing should be carried out by a trained competent fit tester.

Your department fit tester is: